



CLINIQUE PODIATRIQUE  
DE L'OUTAOUAIS

***During your appointment, it is important to note the requirements  
of the Public health of Québec***

**COVID-19 Questionnaire:**

1. Do you have?
  - a. Fever (oral 38,1°C / 100.6F or +)
  - b. Sudden loss of smell (no nasal congestion, with or without loss of taste)
  - c. Recent cough or recent aggravated chronic cough
  - d. Shortness or difficulty breathing?
  - e. Sore throat
  - f. Runny nose with unknown reason
  - g. YES to one of the above = Please cancel your appointment by phone 819 568-0456 / 819 205-7433. Refer to public health 1-877-644-4545.
  
2. Do you have?
  - a. Stomachache
  - b. Nausea and vomiting
  - c. Diarrhea
  - d. Intense fatigue for unknown reason
  - e. Important loss of appetite
  - f. Unusual general muscle pain (not caused by physical activity)
  - g. Unusual headache
  - h. YES to one of the above = OK. YES to 2 of the above = Please cancel your appointment by phone 819 568-0456 / 819 205-7433. Refer to public health 1-877-644-4545.

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Dernière mise à jour 2021-02-23

456 boul. de l'Hôpital, Gatineau, Qc, J8T 8M5 | Tel: 819.568.0456 | Sans frais: 1.877.568.0456 | Fax: 819.568.7433  
86 prom. du Portage, Suite 100, Gatineau, Qc, J8X 2K1 | Tel: 819.205.7433 | Fax: 819.205.7435



## CLINIQUE PODIATRIQUE DE L'OUTAOUAIS

### **COVID-19 Instructions to follow during your visit to the clinic:**

1. Come with your mask and wear it all the time.
2. Wash hands at least 20 seconds with a hydro-alcoholic solution.
3. As much as possible, maintain a social distance of 2 meters.
4. Arrive alone.
  - a. If the patient is a child, an adult may accompany the patient, without siblings.
  - b. If a patient must have assistance, the companion can be admitted. This person must fill out the same questionnaire and wear a mask.
5. Payment by credit or debit card recommended.
6. Arrive at the time of your appointment.
7. **Clinic of the Gatineau area**: When you arrive, come in and press the button on the intercom to give your full name. Our waiting room is very limited. It is possible that the waiting time will be outside of the clinic. We will give you a warning badge. You will be able to wait in the comfort of your car. When we are ready the badge will illuminate and make a buzzing sound. You will come to the door and we will be there to open. Make sure to park in front of the clinic and not on the sides of the building to insure the good function of the badge.
8. **Clinic of the Hull area**: Upon your arrival wait for the receptionist before circulating in the clinic.

### **Please take note:**

No whirlpool before foot care.

If you want your toenails to be treated, please remove all nail polish before coming to the clinic.

If it is not possible to be present, please advise us 24h in advance in order to avoid the 25\$ no show fee.

Thank you and have a great day,

The team at Clinique podiatrique de l'Outaouais

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